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## 2009 - 2010 Academic Year

Massage Therapy  
Program Assistant  
408-864-8205

Physical Education and  
Athletics Division  
PE-4 Rm. 41C  
408-864-8751

Counseling Center  
Student and Community  
Services Bldg. 2nd Fl.  
408-864-5400

Career Center  
Student and Community  
Services Bldg. 2nd Fl.  
408-864-5711

# Massage Therapy

Please visit the Counseling Center to apply for certificates and degrees, and for academic planning assistance.

### Certificate of Achievement Requirements

A minimum "C" grade in each major course.

Note: A maximum of six (6) quarter units may be transferred from other academic institutions.

### Certificate of Achievement-Advanced Requirements

1. A minimum "C" grade in each major course.
2. Demonstrated proficiency in English and mathematics as evidenced by eligibility for EVRT 1A or ESL 5 and eligibility for MATH 114.

Note: A maximum of 18 quarter units may be transferred from other academic institutions.

### A.A./A.S. Degree Requirements

1. Completion of all General Education (GE) requirements (31-42 quarter units) for the A.A./A.S. degree. GE units must be completed with a minimum 2.0 GPA ("C" average).
2. Completion of all major requirements. Each major course must be completed with a minimum "C" grade. Major courses can also be used to satisfy GE requirements (except for Liberal Arts degrees).  
Note: A maximum of 22 quarter units from other academic institutions may be applied toward the major.
3. Completion of a minimum of 90 degree-applicable quarter units (GE and major units included). All De Anza courses must be completed with a minimum 2.0 GPA ("C" average). All De Anza courses combined with courses transferred from other academic institutions must be completed with a minimum 2.0 GPA ("C" average).  
Note: A minimum of 24 quarter units must be earned at De Anza College.

Major courses for certificates and degrees must be completed with a letter grade unless a particular course is offered on a pass/no-pass basis only.

## Massage Therapy

### Certificate of Achievement †

Complete the following and meet the corresponding certificate requirements.

Students must present current First Aid and CPR cards to receive a certificate in Massage Therapy.

BIOL 40A	Human Anatomy and Physiology (84 hours)	5
P E 11	Stretching (24 hours)	0.5
P E 53	Stress Management (24 hours)	2
P E 54	Introduction to Massage (72 hours)	4
P E 54A	Intermediate Massage (60 hours)	3
P E 54B	Sports Massage (60 hours)	3
P E 54C	Advanced Massage Skills (72 hours)	4
P E 54D	Clinical Practicum in Massage Therapy (84 hours)	3
P E 54T	Internship in Massage Therapy (36 hours)	1
	Total Units Required (516 hours minimum)	25.5

## Massage Therapy

### Certificate of Achievement-Advanced

Complete the requirements listed for the Certificate of Achievement plus the following, and meet the corresponding certificate requirements.

Students must present current First Aid and CPR cards to receive a certificate in Massage Therapy.

Requirements	Massage Therapy Cert. of Achievement	25.5
BIOL 40B	Human Anatomy and Physiology (84 hours)	5
P E 54E	Table Shiatsu (72 hours)	4
P E 85	Exercise Science (24 hours)	2
P E 85M	Introduction to Athletic Injuries (48 hours)	2
	Complete two (2) units of internship (72 hours) in addition to the one (1) unit of internship required for the Certificate of Achievement.	2
P E 54T	Internship in Massage Therapy (1) (36 hours)	
P E 54U	Internship in Massage Therapy (2) (72 hours)	
	Complete a minimum of four (4) units from the following:	4
BUS 55	Introduction to Entrepreneurship (5) (60 hours)	
NUTR 62	Nutrition & Athletic Performance (2) (24 hours)	
P E 2Q	Tai Chi (0.5) (24 hours)	
P E 35	Care & Prevention of Athletic Injuries (4) (72 hours)	
P E 54F	Introduction to Chair Massage (3) (60 hours)	
	Total Units Required (876 hours minimum)	44.5

## Massage Therapy

### A.A. Degree

Complete the requirements listed for the Certificate of Achievement plus the following for the major, and meet the A.A./A.S. degree requirements.

Students must present current First Aid and CPR cards to receive a degree in Massage Therapy.

Requirements	Massage Therapy Cert. of Achievement	25.5
BIOL 40B	Human Anatomy and Physiology (84 hours)	5
P E 54E	Table Shiatsu (72 hours)	4
P E 54F	Chair Massage (60 hours)	3
P E 85	Exercise Science (24 hours)	2
P E 85M	Introduction to Athletic Injuries (48 hours)	2
	Complete three (3) units of internship (108 hours) in addition to the one (1) unit of internship required for the Certificate of Achievement.	3
P E 54T	Internship in Massage Therapy (1) (36 hours)	
P E 54U	Internship in Massage Therapy (2) (72 hours)	
P E 54V	Internship in Massage Therapy (3) (108 hours)	
P E 54W	Internship in Massage Therapy (4) (144 hours)	
	Complete a minimum of 7.5 units from the following:	7.5
BIOL 40C	Human Anatomy and Physiology (5) (84 hours)	
BUS 55	Introduction to Entrepreneurship (5) (60 hours)	
NUTR 62	Nutrition and Athletic Performance (2) (24 hours)	
P E 2Q	Tai Chi (0.5) (24 hours)	
P E 35	Care & Prevention of Athletic Injuries (4) (72 hours)	
P E 85A	Personal Fitness Trainer (2) (42 hours)	

Major	Massage Therapy	52 units
GE	General Education (31-42 units)	
Electives	Elective courses req'd. when major units plus GE units total is less than 90	
	Total Units Required (1,020 hours minimum)	90 units